

AFRICAN DRUM

Materials

Two Styrofoam cups per child (can be normal Styrofoam, or reused fast food cups)
Masking tape
String
Glue
Craft paint

Instructions

1. Glue bottoms of the two cups together. (As a time-saver, this can be done before the lesson if you prefer.)
2. Use the tape to thoroughly seal the openings on the tops of the cups.
3. Paint cups—after first layer has dried, use more paint to create decorative designs and markings.
4. Tie a circle of string around the top and bottom lip of the drum, then glue in place.
5. Connect the two circles of string with a longer piece of string—to create a carrying strap for the drum.





AMPE

This is a game from Ghana. The characters in today's story may not have had much rhythm in their music, but you can practice your rhythm in this game!

How to Play

1. Choose one player to be the leader, and the others stand in a semicircle, with the leader facing the player at either end of the group.
2. The leader and the player both clap hands. Then they jump in place at the same time. Then they jump and thrust one foot forward.
3. If the two have put the same foot forward, the leader is out and the player takes her place. If they have thrust a different feet forward, the leader moves to the next player and the same routine begins.